## RES First Steps

A parenting group for families of children 0—3 years old.



Research has shown that much of what you need to succeed in life is established before you enter kindergarten. During that time, the human brain undergoes rapid development; it's a period when a child builds cognitive skills—the foundation for reading, math, science, and academics—as well as character skills, social-emotional growth, gross -motor skills and executive functioning. Which includes everything from impulse control and problem solving. Moving America Ahead by Erin Skarda

First Steps Sessions will be held once a month at RES. Topics for discussion will

include:

- ⇒ Developmental milestones
- ⇒ Vision and Hearing development
- ⇒ Literacy
- ⇒ Fine and Gross Motor development

Beginning—Wednesday, September 13, 9—10 AM.

(Childcare provided)

If you plan to attend, please RSVP by returning this slip or calling 620-752-3239.

I plan to attend the 1st Steps Meeting on 9/13/17.

Signature